



The Martial Artist Foundation



Promotional Examination Form

(Type or print only)

Application Form Deadline: **2 weeks prior to test date**

Name _____ Sex ____ Date of birth _____
Last First M. I.

Address _____ Email _____

Phone () _____ SSN _____ Year _____

Present rank: _____ belt _____ stripe Testing for: _____ belt _____ stripe

Applicant's signature _____ Date _____ Belt size _____

Attempted Belt Level	Kup	Required Poomse
Black belt (1st degree)	1st Dan	Koryo
Advanced brown belt	1st Gup	Taeguk Pal-jang (8) Palgwe Pal-jang (8)
Brown belt	2nd Gup	Taeguk Chil-jang (7) Palgwe Chil-jang (7)
Red belt	3rd Gup	Taeguk Yuk-jang (6) Palgwe Yuk-jang (6)
Blue belt	4th Gup	Taeguk Oh-jang (5) Palgwe Oh-jang (5)
Purple belt	5th Gup	Taeguk Sa-jang (4) Palgwe Sa-jang (4)
Green belt	6th Gup	Taeguk Sam-jang (3) Palgwe Sam-jang (3)
Orange belt	7th Gup	Taeguk Ee-jang (2) Palgwe Ee-jang (2)
Gold belt	8th Gup	Taeguk Il-jang (1) Palgwe Il-jang (1)
Yellow belt	9th Gup	Kibon Il-jang
White belt	10th Gup	Fundamentals

Testing Areas
Basic kicks
Advanced kicks
Combination kicks
Punches/blocks
Poomse
Sparring techniques
Free sparring
Endurance
Taekwondo spirit

Five point code-
Tenents of TKD
Courtesies

• • • • • DO NOT WRITE BELOW THIS LINE • • • • •

Examiner(s) _____	Testing Date _____
_____	Location _____
Testing fee (\$45) Paid by check _____ by cash _____	Initials _____

Cash or Check made payable to: The Martial Artist Foundation